

COVID-19 is disrupting our safety and wellbeing. Fostering Advocates Arizona (FAAZ) is dedicated to working with state and community partners to provide accessible information for young people, especially those aging out of foster care, during this crisis. In times of adversity, we take action!

COVID-19

COVID-19 is a serious illness that spreads through person-to-person contact. Respiratory droplets are produced when an infected person coughs, sneezes, or talks. Some recent studies have suggested that COVID-19 can be spread by people who are not showing symptoms. Medical professionals are still learning about the virus because it is new to people.

What About Health Insurance?

All young people who aged out of foster care are eligible for Medicaid coverage until they are 26 years old. In Arizona, Medicaid is called the Arizona Health Care Cost Containment System, or AHCCCS. During the COVID-19 crisis, AHCCCS health insurance is extended for 90 days after the declaration of emergency. The declaration of a public health emergency was ordered effective July 25, 2020. This means that your health coverage cannot be canceled for any reason during the 90-day extended period which currently lasts until October 23, 2020. This includes anyone who was enrolled in AHCCCS previously and turned 26 after the first declaration of emergency was issued on January 27, 2020.

Do you have AHCCCS coverage?

Check online at healtharizonaplus.gov or call 602-417-7000 to find out.

Do you need help getting health coverage?

Call 1-800-377-3536 or visit coveraz.org/connector to make an appointment with a navigator.

Do you need to apply for AHCCCS and other assistance?

Go to the AHCCCS website to apply online or by mail. If you happen to have access to an internet-capable device, we suggest completing it online for convenience and speed. When applying, you can also apply for Nutrition Assistance and Cash Assistance.

How Do I Get Tested?

The Arizona Department of Health Services website lists all of Arizona's COVID-19 testing locations. You can use the search function to narrow down the results by typing in your city or zip code. The information for each test site includes the address, times of operation, if pre-registration is required, phone number, website, types of tests offered, and if you need to be an existing patient. Be sure to contact your chosen location ahead of time for information about patient criteria, billing, and pre-registration.

What If I Have COVID-19?

It is very important you follow CDC guidance and your doctor's instructions to take care of yourself and help protect others in your community.

One of the CDC recommendations is keeping in touch with your doctor. If you need assistance finding a doctor you can use the Community Health Centers website to find a provider. They accept most insurance plans and offer services on a Sliding Fee Scale, based on income, to those without insurance.

Staying Connected

Social distancing does not mean that you are socially isolated. Stay in touch with the people in your life by video calling and sharing media. For information about supporting youth during this crisis visit Foster Club's Responding to COVID-19 page which offers a course on teaching the basics of COVID-19 and ways you can engage and support young people.

Remember that you are not alone.

Stay connected.



COVID CARE FACTS

Keep your hands clean.

Wash often with soap and water for at least 20 seconds or use a hand sanitizer that contains at least 60% alcohol.



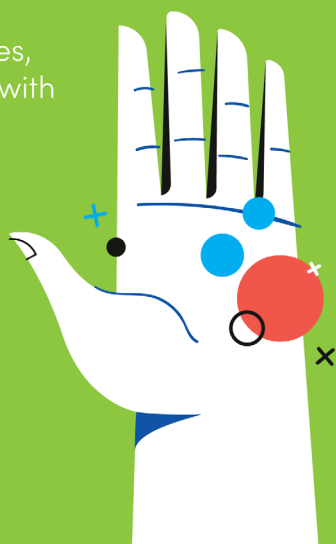
Wear a face cover

when around others to protect other people in case you are infected.



Avoid touching your face.

Especially your eyes, nose, and mouth, with unwashed hands.



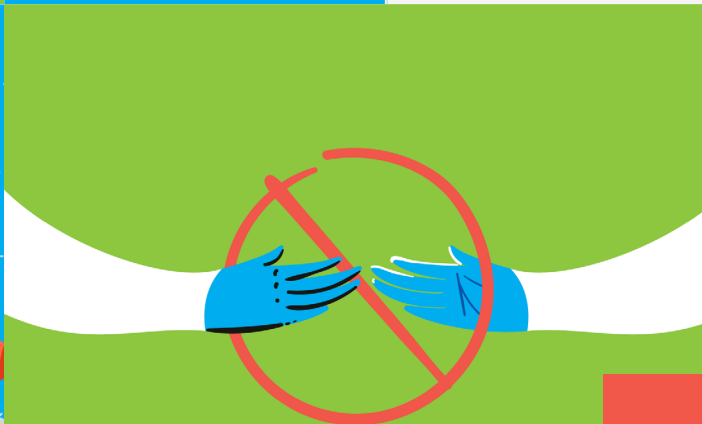
Keep your space clean.

Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.



Avoid close contact with people who are sick.

If possible, maintain 6 feet between the person who is sick and the people you live with.



Practice social distancing.

Stay at least 6 feet from people when outside of your home, such as, the grocery store or to pick up other necessities

For more recommendations specific to you, use this [self-check tool](#).